

DIY

VISION BOARDS

1.12.23

JUBILEE @ ROTATOR TAPROOM



1

GATHER supplies: some sort of **board** (recycled cardboard, foam board, poster board, cork board, bulletin board, whatever you have), scissors, magazines, photos, quotes, stickers, markers/crayons/pens, glue/push pins/tape to adhere, and fun embellishments like washi tape.

2

TIME: allot calm, 'you' time dedicated to working on your board. This might be more than one session, but don't rush, enjoy the process.

3

THINK about what you want on your board: Some ideas; how you want to **feel**, what you want to **surround** yourself with, how you want to **treat** yourself or others, **inspiring places**, **goals**, **dreams**, **wishes**, things you are **working on**, things that make you **happy**, what you want your life to look like.

4

CREATE: the best part. Start placing items on your board. Cut out photos from magazines, add your favorite quote. Write words that mean something to you, doodle! I like to lay most pieces out before adhering to board so I know my spacing and can rearrange.

5

REVISIT your board often. Add to it whenever want. Place it somewhere you see it **d a i l y** if possible to remind yourself how you want to feel and what you want your life to look like.

6

SHARE: Now that you're a vision board pro, host your own vision board gathering with friends or family next year. Have everyone bring supplies and order some great food. Creating is magical, creating together is even better.

ENJOY. Have fun with this project. Reflect in 6 months, in a year. Did you create some of your vision? How can you continue to bring these elements into your days/week/year. You've got this! xo



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